Rapare 3rd March 2022

Greetings from Weber School!

Striving for Success, Team Player, Active Learner, Respectful

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Tena koutou kātoa Weber whānau,

I hope you and your family are all well.

As you are probably all aware there are more and more cases of Covid-19 in our community so please monitor your child and if they have any covid like symptoms please stay at home, get them tested and inform the school if they are positive.

Please remember there is a 10-day self- isolating period for the entire household if there is a positive case in your family. We currently have no cases at our school.

Please contact the office to let us know if your child is going to be absent.

To keep us all safe please ensure you wear a mask when you come onto the school grounds, socially distance, stay home if sick and get tested if feeling unwell.

At school our priority remains the same of maintaining good hand hygiene, sanitising, working in well ventilated spaces and wearing a mask on the bus and in inside for years 4 to 8.

Unfortunately, the Life Education bus programme has had to be postponed this week due to sickness, we hope to rearrange this for later this term.

We appreciate your support with keeping our students and staff safe.
Thank you.

If we can help with anything, please let us know.

IMPORTANT DATES TERM ONE

3-4 March – Life Education Bus at school - POSTPONED

15 March – Water Skills Training

22 March – BOT meeting. Come along and see about joining the board for our upcoming elections this year.

13 April – Last day of Term One

14 April – Teachers only day

COVID-19 POSTER

A poster for your reference from the Ministry of Education should you test positive for Covid - 19, managing symptoms, and what to do when isolating.

Managing symptoms

If you need health advice contact the place you normally get care like your GP or ring Healthline on 0800 358 5453.

Have personal information ready, including: full names, birth dates/ages, NHI numbers, medical conditions and prescriptions, GPs/health providers and other emergency contact details.

COVID-19 can make you feel unwell. Take it easy, rest and recover

To help reduce symptoms, you can use over the counter medications including pain killers, cough syrup and chest rubs.

If you need urgent medical help or cannot breathe properly, call emergency services on 111.

For more information, head to:

Covid19.govt.nz

UniteAgainstCOVID19 @covid19nz

uniteagainstcovid19 @covid19nz

Keep up healthy habits

Testing positive for COVID-19

Te Kāwanatanga o Aotearoa
New Zealand Government

Unite against COVID-19

Isolating when someone in our household tests positive significantly helps to slow the spread of COVID-19.

Slowing the spread will protect our vulnerable populations and ease the pressure on our healthcare system.

Rapid Antigen Tests (RAT)

- Follow the packet instructions.
- Results will be visible 20 minutes after you complete your test.
- Support to carry out a test or to understand the results is available on 0800 358 5453.

Steps if you test positive

If you're positive, everyone else in your household becomes household contacts and you need to isolate together for at least 10 days.

1. Report your own RAT result on *My COVID Record* or call 0800 222 478.
   Note: If you got a supervised test at a Community Testing Centre or other health provider, the result will turn up on your *My COVID Record*.
2. You will receive a text message within 24 hours with a unique code to access an online form. This form helps to identify if you require additional health support, welfare support, and for contact tracing purposes.
3. While isolating, your household contacts will need tests on day 3 and day 10. You can find information on tests for household contacts at Covid19.govt.nz/positive.
4. If a household contact tests positive, they will need to keep isolating for another 10 days (starting from the day of their test result). But you can leave isolation once you have completed your 10 days.

What to do when isolating

- Food and supplies must be delivered contactlessly. This can be organised online through many supermarkets and businesses, or ask friends, whānau or neighbours to help.
- Advise others that your household has COVID-19 and is isolating. This includes regular visitors, your work place, education provider or school.
- You can exercise outside your home in your neighbourhood, but not at any shared exercise facility, such as a swimming pool or gym.
- Keep surfaces clean, and open windows to increase ventilation and airflow.

Support while isolating

If your whānau need extra support while you are self-isolating. Work and Income may be able to help with:

- money to pay for urgent and essential costs, like food, medicine and some bills
- supplies delivered to you
- support from community groups, iwi and Pacific groups in your area.

For more information, call the COVID Welfare Line on 0800 512 337.

Employment financial support

If you will need to take time off work for isolation, your employer may be able to get Leave Support to help them keep paying you.

Mental wellbeing

Look after your mental wellbeing. If you want to, you can speak with a trained counsellor any time, day or night – free call or text on 1737.

For information on all support that is available, go to: Covid19.govt.nz/positive.

ENVIRO SCHOOLS

This term we are starting our Enviro Schools programme, this is a project I have been keen to get started since starting as Principal here at Weber.

Enviroschools is an environmental action-based programme where young people are empowered to design and lead sustainability projects in their schools, neighbourhoods, and country. It is a nationwide programme supported by Toimata Foundation, founding partner Te Mauri Tau, and a large network of regional partners. Schools commit to a long-term sustainability journey, where tamariki connect with and explore the environment, then plan, design and take action in their local places in collaboration with their communities.

We are very lucky at Weber School to have such a unique school environment on our doorstep with energetic and excited students keen to improve and make changes.

Our first step in this journey is to establish a Green Team that will lead the projects and feed back to classes on the projects we are working on and the work we need to do.

Here is our Weber School Green Team - our school Kaitiakis. Our Lead Kaitiaki is Alex Tippett and Deputy is Harry Joblin.

We will keep you posted on our projects and any help we may need from our community.

(Absent from photo taken today, Riley, Poppy R, Eva, Ruby)

COMMUNITY

Ngā mihi nui
Lisa Anderson
Principal